

## Aroha Spa Additions

Feel free to add on one or more of these extra massages to complement any of our other Aroha Spa therapies. Make a choice from our listed additional massages:

- Aromatherapy oils
- Face
- Scalp
- Arms
- Legs
- Hands
- Feet

Approx 15 minutes each **\$15 ea**

## Waxing

½ Leg wax _____	\$30 -
Full Leg wax _____	\$50 -
Bikini wax _____	\$23 -
Under Arm _____	\$23 -
½ Leg Wax, Bikini & Underarm _____	\$65 -
then <b>\$60</b> - within the next 8 weeks	
Eyebrow _____	\$14 -
Upper Lip _____	\$14 -
Chin _____	\$14 -
Chin, U/lip & Eyebrow _____	\$37 -

## Tinting

Eyelash Tint _____	\$22 -
Eyebrow Tint _____	\$15 -
Eyelash & Eyebrow Tint _____	\$35 -
Eyelash Tint and Eyebrow Wax _____	\$34 -
Eyebrow Tint and Eyebrow Wax _____	\$28 -
Eyebrow Tint, Eyelash Tint and Eyebrow Wax _____	\$48 -
then <b>\$45</b> - within the next 8 weeks	

All Aroha Spa treatments do not include a soak in the private mineral spas. If you wish to do this please advise upon your booking and ensure you bring someone with you to bathe. This is a health and safety requirement.

Treatments are available Wednesday to Sunday and most Public Holidays.

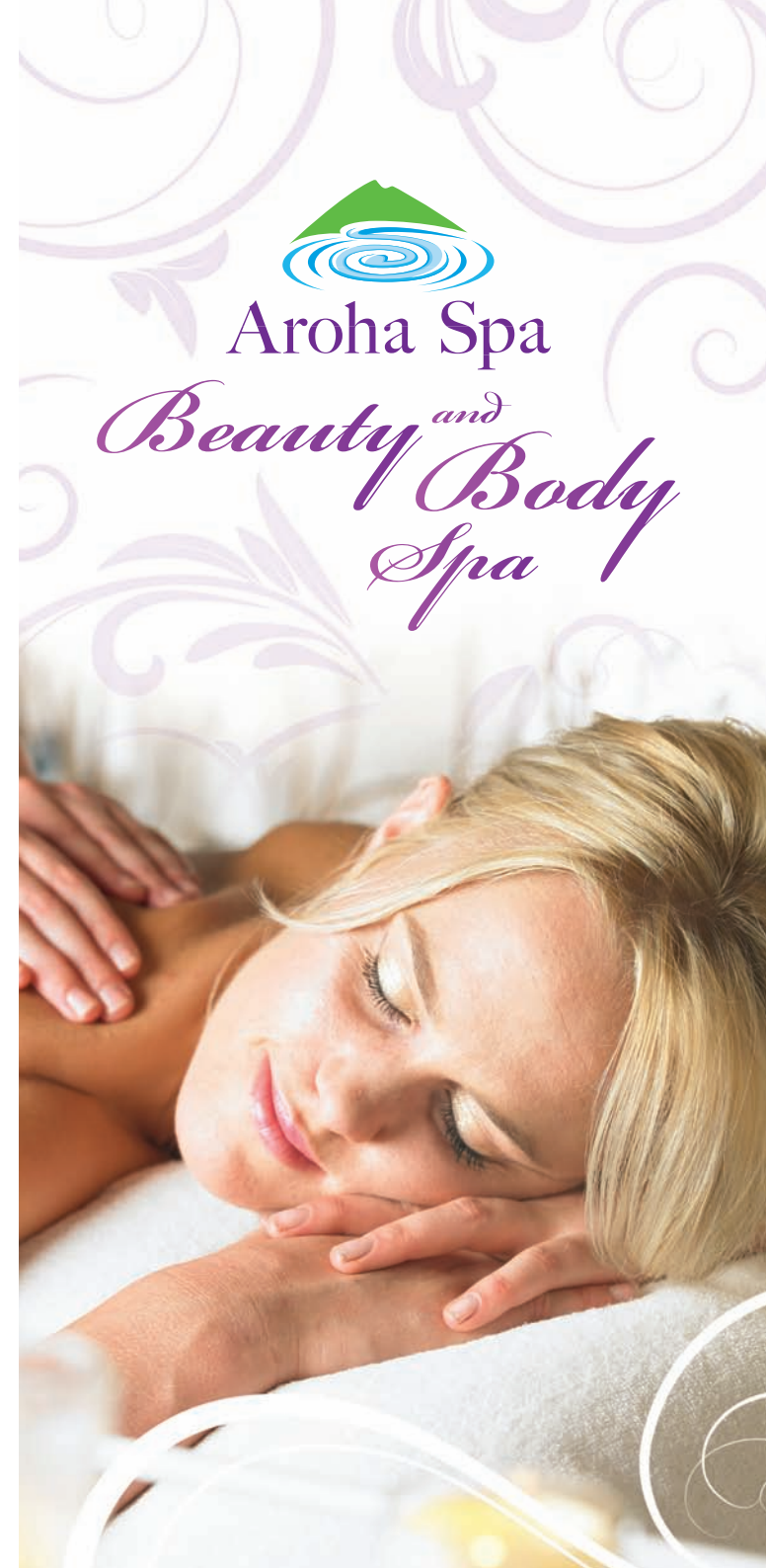
Bookings are essential.

Please advise cancellations at least 24 hours prior to your treatment.

Gift Vouchers are available for purchase.



Telephone **07 884 8717** or visit [www.tearohapools.co.nz](http://www.tearohapools.co.nz)  
to make your booking.



**Aroha Spa**  
*Beauty and Body Spa*

### Revitalising Deluxe Facial

This facial includes cleansing and exfoliating of the face, neck and upper chest. A stimulating massage with lymphatic drainage techniques helps the skin to replenish. Following up with a deep nourishing mask the overall effect will leave you feeling hydrated relaxed and radiant. Your lips and eyes are also treated to complete this stunning facial.

Approx 60 minutes **\$95 -**

### Mini Face Refresher

Designed for those who have limited time, the Mini Face Refresher concentrates on the face and neck area. Cleansing, exfoliating and a personalised mask precedes the lip treatment and a refreshing mist. Finishing with a moisturiser this facial is a good boost for the skin.

Approx 30 minutes **\$60 -**

### Hand and Nail Rejuvenation

Relax and unwind by having your hands soaked in a soft mineral hand bath with your chosen essential oil. Follow on with a hand and arm exfoliation, massage and a deep hydrating mask. Finish with nail shaping and cuticle conditioning followed by a polish of your choice.

Approx 60 minutes **\$60 -**

### Foot and Nail Rejuvenation

Relax and unwind by having your feet soaked in a delicately soft mineral foot bath along with your chosen essential oil. Follow on with a firm exfoliation of the feet and legs, massaged and deeply nourished with a hydrating mask. Finish with nail shaping and cuticle conditioning followed by a polish of your choice.

Reminder – Open toed shoes are recommended.

Approx 60 minutes **\$60 -**

### The Express Manicure or Pedicure

For those with not much time and wishing to enhance the appearance of their hands or feet. Nail shaping, cuticle conditioning followed by a polish of your choice.

Reminder – Open toed shoes are recommended for the Pedicure.

Approx 30 minutes **\$30 -**

French Polish - \$5 extra (please advise upon booking)  
Approx 10-15 minutes extra

### Aroha Full Body Massage

The Full Body Massage includes the back, neck, shoulders, legs, feet, arms, hands, upper chest and face. The stomach is optional. This beautiful Swedish massage has the right pressure for your requirements. Enjoy the hot compresses and soothing atmosphere.

Approx 60 minutes **\$85 -**

### Aroha Back Massage

This Swedish style massage covers the entire length of the back, right up to and including the neck. Hot compresses are used to stimulate circulation and the massage is finished with a personalised moisturiser. Pressure is to your requirements.

Approx 30 minutes **\$50 -**

### Hot Stone Massage

Enjoy having a half body or full body hot stone massage, by using heated smooth basalt stones on key points and areas of the body while being treated with rhythmical Swedish massage style techniques. Whilst the heat warms and soothes, the deeper muscles enjoy total relaxation during and after your treatment.

Approx 45 mins – half body **\$80 -**

Approx 90 mins – full body **\$120 -**

### Reflexology

Unwind and enjoy the sensation of pressure points being applied to the feet using specific thumb, finger and hand techniques based on a system of zones and reflex areas that reflect upon an image of the body. Allow yourself to be physically and mentally free in a relaxing atmosphere.

Approx 60 minutes **\$80 -**

### Aroha Scalp Treat

Have your scalp and hair treated with stimulating and soothing massage techniques that will have you feeling refreshed, calm and restored. The coconut oil that is applied throughout the hair slightly stimulates hair growth and also rebalances the skin condition on the scalp, it is excellent for conditions such as psoriasis and eczema.

Approx 30 minutes **\$40 -**

### Aroha Spa Signature Experience

Enjoy multiple heat felt sensations while you're treated to a full body polishing using small exfoliation beads. Then be buffed with gentle exfoliating mitts to cleanse and refine the texture of your skin. Your therapist will then cocoon your body in a warmed mask and wrap you in specially heated linen to help absorption of the conditioning product. This treatment will leave your skin smooth and glowing with health and vitality. An excellent treatment for sallow and sluggish skin to give a great shine.

Approx 90 minutes **\$160 -**

### Aroha Energising Wrap

Have yourself renewed and refreshed by receiving a full body polish with a decadent sugar cane crystal body scrub. Relax while a warmed personalised wrap is applied, thus leaving your skin feeling soft and supple. Finish this body treat by being gently massaged with a body moisturiser.

Approx 75 minutes **\$90 -**

### Aroha Sugar Glow

This full body exfoliation will leave your skin feeling invigorated and fresh with a delightful sugar cane crystal body scrub. With a firm exfoliation of the back, shoulders, legs, feet, arms, hands, (stomach optional) your skin will be polished and revived. Followed by a relaxing massage with a body moisturiser.

Approx 45 minutes **\$60 -**

### Aroha Back Revive

Regenerating and tension relieving this treatment includes a full back exfoliation to cleanse away impurities. Then be soothed and hydrated with a personalised warm mask, also be treated to a divine massage of the legs, feet and back with a body moisturiser.

Approx 45 minutes **\$60 -**